

**The Dances of Universal Peace  
Spring Revival!**

Mount Vernon, WA  
Sunday, March 3, 2024  
6:00 - 8:00pm

(Please arrive around 5:45 to get settled in!)

***Come, Come, Whoever you are...***

It is with immense joy that we invite you,  
after a covid hiatus of 4 years,  
to join us once again to our circle of DUP dancers in Mt Vernon.

Join Nuria, Ka (formerly Hayra) and Sitara  
for an evening of dances...

**The Dances of Universal Peace**  
are a dynamic form of meditation  
to movement with live music.

The focus of each group dance is in the singing of simple and uplifting phrases,  
honoring the spiritual traditions from around the world.

**We**

find sacredness  
holding hands in a circle.

**We**

seek inspiration from Spirit  
and allow the blossoming of Sacred intention.

**We**

sing and dance a Peaceful world  
of Oneness into existence.



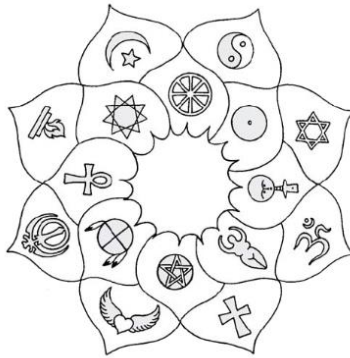
*All are welcome — No experience necessary!  
Come alone or bring a friend.  
Dances are easy to learn and are taught to the whole group each time.*

*Donation: \$5-10. No one turned away for lack of funds.  
(Please see **COVID protocol** below.)  
Hope to see you on Sunday, March 3rd!*

**It is your presence that makes the magic!**

**Future 2024 Mt. Vernon Dances - Mark your calendar!**  
June 2nd, September 1st, December 1st

*Please feel free to forward to your friends,  
but kindly do not post on Facebook.*



We meet here:  
**Skagit Unitarian Universalist Fellowship**  
500 West Section St.,  
Mt Vernon, WA 98273

**Directions** to Skagit Unitarian Universalist Fellowship:

Exit 226 off Interstate 5.

If heading south: Turn right onto Kincaid Street at the bottom of the ramp.

If heading north: Turn left onto Kincaid Street at the bottom of the exit ramp and go west under the overpass. Continue west on Kincaid over the railroad tracks, past the courthouse on the right and through the light at Second Street. At the four-way stop at the intersection of Kincaid and First, turn left. Continue south on First Street to Section Street (4 blocks). Turn right on Section Street just before the Post Office. You will see the Fellowship building just west of the Post Office.

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### **COVID Protocol**

To increase safety, we are asking each participant to take a covid test the day of our dance event. We will have someone posted at the door, so please be sure to sign in and confirm that you had a covid negative test. If you have any symptoms, please stay home and get well. We hope to see you at the next quarterly dance!

We will have hand sanitizer, Listerine, and masks available and, if possible, a few spare covid tests as well. Untested participants will need to remain outside until their test is complete. Thank you for your co-operation!

(Note: As time goes by, we hope to be comfortable with dropping these Covid protocols, but it seems prudent to still take precautions at this time.)